

## *CHAPTER 7*

### *CONCLUSION*

An attempt is made in this book - that has been variously called as “an introduction to Upanishads”, “a road map to the study of Upanishads” or “a pre-requisite book to be able to read and understand the various excellent books on Upanishads written by vedantins, scholars and realized masters” - to share the joy that the author has experienced by reading these wonderful texts. Careful study of the Upanishads would help readers to reflect upon the meaning and purpose of their lives vis-a-vis their roles in the success-oriented and goal-oriented lifestyles that we follow from our early childhood days. It is hoped that this overview of Upanishads, essentially giving the road-map and introduction to the Jnana or Knowledge path of Vedas and also known as Vedanta, has conveyed the writer’s joy from the study of these Upanishads and lighted the spark, ever present, in all individuals, that will prompt them to study the Upanishads, know and understand Brahman as the Delight and search for That as the Delight.